

## **Book Suggestions from Karen Channell**

Shared by Karen Channell  
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To preview these books and see which 'fits' go to <http://elibrary.mel.org/search> or <http://mel.org>. This is a statewide library that brings the books you request to your library for you at no charge. It's a great way to look at books before you buy. My top three books are first on the list.

### **You Know Your Child Is Gifted When... (this is funny and true)**

*The subtitle of this book is "A Beginner's Guide to Life on the Bright Side." It is definitely a beginner's guide to living with bright kid, organized around some characteristics of gifted children, such as curiosity. It is a simple and often humorous overview that doesn't provide depth in one area.*

### **Dreamers, Discoverers and Dynamos (formerly titled "The Edison Trait") by Lucy Jo Palladino**

*This is without a doubt the book that helped me understand and create some harmony with our dynamo, discoverer and now dreamer combo highly gifted son...it also helped us develop a better way to guide him. It is exceptionally helpful in learning methods for disciplining and managing your gifted child--when traditional ways aren't effective, this book has the ones that work--specifically for gifted; also has sections on Twice Exceptional.*

### **How the Gifted Brain Learns by David Sousa**

*This is a remarkable book for both teachers and parents of gifted children. Translates the latest neuroscientific findings into practical strategies for identifying, understanding, and engaging gifted learners in different subjects, grade levels, demographics, and special need areas. It pulls together many areas of gifted research, knowledge and applications in a clear and concise manner. It includes ways to meet the needs of all types of gifted learners. This is a one-stop book for teachers who have high-ability/gifted students in a classroom and need to understand how these students' brains work and how to plan effective instruction.*

### **Keys to Parenting the Gifted Child by Sylvia Rimm**

*Another beginner's guide, but more in depth; covers issues of gifted children at home, such as sibling rivalry, and issues at school, such as testing and homework; covers other issues, such as perfectionism and peer pressure; a good place to start understanding their gifted children.*

### **The Survival Guide for Parents of Gifted Kids**

*This book answers some common questions parents of gifted children have, questions like "How hard and how far should I push my child?"; covers characteristics and behaviors at school and how to handle them; providing suggestions on how to work successfully for your child with teachers, school boards, and even state legislators. It provides a brief history of gifted education and discusses some myths of giftedness.*

### **Guiding the Gifted Child**

*This book is one of the classic books for parents of gifted children; covers more personal issues; has chapters on issues such as motivation, discipline, stress management, sibling rivalry, and depression, with each chapter providing tips on how parents can help their kids with these issues.*

### **Parents' Guide to Raising a Gifted Child**

*More in-depth reading; comprehensive, informative, readable and practical; strategies for determining*

*whether a child is gifted; ways to nurture a child's gifts and talents; explains concerns – bored, socially aggressive, and underachieving if not appropriately challenged; provides tips for parents to help them cope with their own doubts and fears.*

**Raisin' Brains: Surviving My Smart Family**

*More about gifted children with a good laugh--this book captures the gifted family, with both its blessings and curses and with humor; provides parents of gifted children with plenty of information and humor about raising and living with a gifted child.*

**Being Smart About Gifted Children: A Guidebook For Parents And Educators**

*Book that dispels many myths about gifted children; explains how to identify; covers issues from testing to labeling, from social and emotional issues to learning problems; covers educational and enrichment programs, both in and out of school, as well as behavioral issues; provides parents help to make good and informed decisions*

**Parenting Gifted Kids: Tips for Raising Happy And Successful Children**

*Provides tips to help parents with their gifted children at home and school; explanation of what giftedness is – and is not, then moves on to discuss inclusion and other school issues affecting gifted children, perfectionism, and underachievement; gives advice on how to help a gifted child set and achieve life goals; presents tips with a touch of humor.*